CLAIMS

- A band for curing a human body, comprising:
 a flexible sheet member coated with an adhesive on a surface thereof;
 silver attached to the surface of the sheet member coated with the adhesive; and at least one optical fiber attached to the surface of the sheet member coated with the adhesive.
- 2. The band as claimed in claim 1, wherein the silver is silver foil, silver wire, silver fabric or the combination thereof.
 - 3. The band as claimed in claim 2, wherein the optical fiber is positioned at regular intervals between the sheet member and the silver foil when the silver is made in the form of the silver foil.

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- 4. The band as claimed in claim 2, wherein the optical fiber is alternately arranged on the sheet member at predetermined intervals with the silver wires when the silver is made in the form of the silver wires.
- 5. The band as claimed in any one of claims 1 to 4, wherein a length of the optical fiber is within a range of 0.1 cm to 2.0 cm.
 - 6. The band as claimed in claim 5, further comprising a black line disposed on the surface of the sheet member coated with the adhesive.